If you or someone you have been in contact with has tested positive for COVID-19:

**I have tested positive for COVID-19**
- Immediately notify people you have had close contact with while ill.
- Tell them to follow guidance to the right.
- Take care of yourself. Follow CDC guidance for self care like staying home, keeping in touch with your doctor, and staying away from others. ([https://tinyurl.com/stepwhensick](https://tinyurl.com/stepwhensick))
- Call your local county health department or the COVID-19 Call Center for questions and additional guidance. 1(866)779-6121

**I have had close contact with someone who has tested positive for COVID-19**
- Stay home for 14 days as isolated as possible. (starting the day you were exposed)
- Keep 6 feet or more from others at all times. (including others in your home)
- Monitor your health for symptoms. (fever, cough, shortness of breath)
- If you think you are sick, follow guidelines from the CDC website.

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